

HOW TO USE YOUR RS SUN LAMP

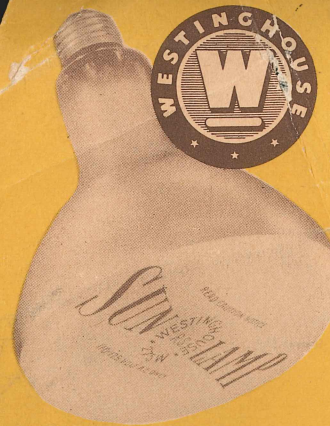
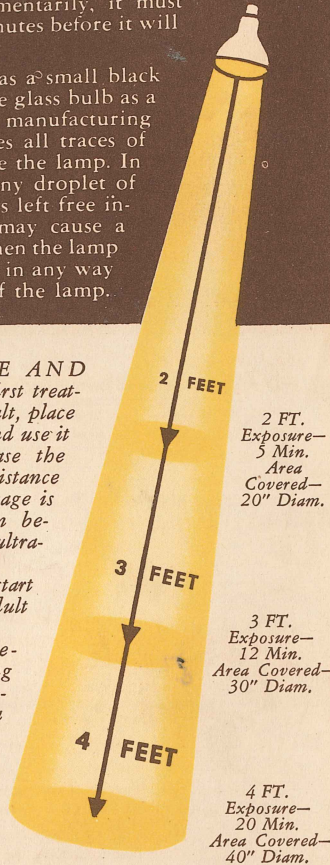
Note that in starting, the RS Sun Lamp may flash on and off once or twice. This is normal because a switch inside the bulb may need to operate several times before the essential mercury vapor arc will strike. The lamp reaches full ultraviolet output after warming up for approximately one minute. Once the lamp has been turned off, even momentarily, it must cool for about five minutes before it will start again.

Each RS Sun Lamp has a small black spot on the neck of the glass bulb as a result of a special manufacturing process which removes all traces of impurities from inside the lamp. In occasional lamps, a tiny droplet of excess cleanup metal is left free inside the bulb. This may cause a slight rattling noise when the lamp is shaken but does not in any way effect the operation of the lamp.

EXPOSURE TIME AND DISTANCE: For the first treatment of an average adult, place RS lamp 2 feet away and use it for 5 minutes. Increase the time or decrease the distance or both if stronger dosage is indicated. As the skin becomes tanned, more ultraviolet can be tolerated.

For small children start with about half the adult dosage.

As distance is decreased the sun burning power of the lamp increases fast and area covered is reduced. To cover larger areas longer exposure time is needed or several lamps should be used.



check
THESE MANY
ADVANTAGES

- Small, light in weight.
- Completely self-contained.
- Usable in any type fixture.
- Requires no special transformers or auxiliary equipment.
- Reflector hermetically sealed in bulb so output remains high throughout life.
- Operates on 110-125 volt (50-60 cycle) AC outlets.
- Accepted by Council on Physical Medicine of American Medical Association.
- Provides beneficial ultraviolet similar to that of the sun.
- Three times as fast as July sun.
- Inexpensive to buy and operate.
- Clean, convenient as an incandescent lamp.
- Ballast filament radiates comforting warmth.
- 1000 applications from one bulb means long life, generally more than a year's service.

LOOK Better
-FEEL Better

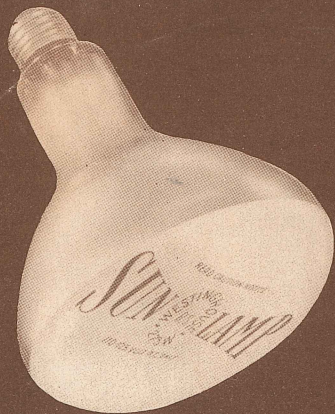
ALL
YEAR
'ROUND



with
Westinghouse
ULTRAVIOLET
Sun Lamps

The WESTINGHOUSE-^{RS} SUN LAMP

*Beneficial
ultraviolet
for Vitamin D
and a
Healthy looking
Sun Tan*



What Ultraviolet does

The value of ultraviolet to the human body cannot be over-emphasized. We could not get along without it. Ultraviolet produces Vitamin D, so vitally needed for building and preserving strong, healthy bones and teeth. The Westinghouse RS Sun Lamp is a potent source of this beneficial ultraviolet—designed to give you your share of Vitamin D and help you get a healthy-looking tan. Use your lamp every day. You will look better and feel better. Using the RS Sun Lamp regularly each day does the most good.

ACCEPTED BY A.M.A.

The Westinghouse RS Sun Lamp is a safe and effective lamp for general use by the public. When you buy a sun lamp look for the A.M.A. acceptance label. Only lamps which radiate the proper kind of rays and in adequate quantity may be sold as "Sun Lamps" with the approval of the A.M.A. Council on Physical Therapy. For your protection, only the most beneficial kind of ultraviolet—the kind found in natural sunlight—can penetrate the outer glass bulb of the Westinghouse RS lamp. For your health, generous quantities of this ultraviolet are radiated.



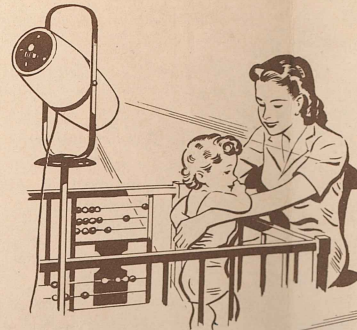
... a Sun Lamp for the Whole Family

Every member of the family will find the Westinghouse RS Sun Lamp to be "just what the doctor ordered". It is really something new in sun lamps—a self-contained source of beneficial ultraviolet that can be used wherever and whenever you wish. It fits ordinary light bulb sockets. Use the lamp where most convenient, for example, screw it into a goose-neck fixture, a bridge lamp, a simple pin-up adjustable bracket or the Westinghouse Select-O-Ray.

One of the best ways to take advantage of the healthful radiations of the RS Sun Lamp is to mount it permanently over the middle of the shaving mirror. Adjust it so it points downward at about a 30° angle. You will

develop a good-looking symmetrical sun tan and make sure of getting your share of ultraviolet every day. With the price now so low, you can have more than one RS Sun Lamp at home. One can be mounted permanently over Dad's shaving mirror, and another over the kitchen sink for Mother. Daughter may have her own for her bedroom. Son will want one, too. Children need plenty of ultraviolet for Vitamin D, and the RS Sun Lamp is the answer. Remember, the Westinghouse RS Sun Lamp is meant to be used and enjoyed in any room of the house—with maximum safety and benefit to the health and well-being of your family.

SUN TAN SHAVE—Here is the ideal way for a man to use the RS Sun Lamp. You get a natural-looking sun tan and Vitamin D from the ultraviolet and plenty of light for shaving. Position and angle of lamp prevents sunburn of the eye.



MOTHER—By mounting the lamp over the sink, Mother gets the same benefits as Dad gets from his shaving mirror sun lamp. Women appreciate the way it improves their looks.



CHILDREN—Growing children need an abundance of sunlight. The Vitamin D produced by the ultraviolet in the Sun's rays and by the RS Sun Lamp is important in building sound bones and teeth. For small children start with short periods of exposure at the full distance and strengthen the doses as indicated. If the child tends to stare at the lamp, sun glasses should be worn.



DAUGHTER—Daughter enjoys basking under her own RS Sun Lamp in her bedroom. Besides supplying ultraviolet, the lamp helps keep blond hair blonder, preserves its golden luster.

For smooth, uniform sunburn on face close the eyes or use eye glasses or eye shields. Light complexioned people find sun tan lotions help brown the skin. Sun lamp treatments for older folks are best taken relaxing on bed. Set an alarm clock to prevent an overdose in case you fall asleep.